

	9.00 – 9.30	9.30 – 10.20	Break	10.40 – 11.10	11.10 - 12.00	12.00 -12.30	Lunch	1.30 - 2.30	2.30 -3.30
Monday	Yoga/meditation Practice taking time out of your day to focus on your breathing and your body. Youtube: Cosmic Kids Yoga	Maths Mathletics Complete maths questions in home learning pack.		Reading www.oxfordreadingbuddy.com Read aloud to an adult and summarise what you have read.	English - writing Complete an activity from your home learning pack. Write a 'diary entry'.	Timetables practice: TTRockstars Write them out and add the division sentences.		Board/card games Make up your own card game Play a board game and change the rules	PE – Dance Come up with a dance routine for a favourite song.
Tuesday	PE – Workout with 'Joe Wicks' on Youtube.com or watch 'This Morning' on ITV at midday for new exercises.	Maths Mathletics Complete maths questions in home learning pack.		Reading www.oxfordreadingbuddy.com Complete an activity in your reading log about what you have read.	English – writing Write your own 'myth'.	Timetables practice: TTRockstars Write them out and add the division sentences.		History Complete an activity from your home learning pack.	
Wednesday	PE – Workout with 'Joe Wicks' on Youtube.com or watch 'This Morning' on ITV at midday for new exercises.	Maths Mathletics Complete maths questions in home learning pack.		Reading www.oxfordreadingbuddy.com Choose a favourite book and retell the story in your own words.	English Act out your 'myth'. Practise your spellings in your home learning pack.	Timetables practice: TTRockstars Write them out and add the division sentences.		Art and crafts Use some recycling to create a 'mythical' creature. Make a collage or vision board: help children cut out photos and words from magazines or newspapers. Make a card to send to a relative. Mindful colouring or painting.	
Thursday	Yoga/meditation Practice taking time out of your day to focus on your breathing and your body. Youtube: Cosmic Kids Yoga	Maths Mathletics Complete maths questions in home learning pack.		Reading www.oxfordreadingbuddy.com Complete an activity in your reading log about what you have read.	English – Complete a SPAG activity from your home learning pack.	Timetables practice: TTRockstars Write them out and add the division sentences.		Board games Play a board or card game. Or make up your own game and own rules!	Cooking Make a simple recipe with ingredients in your home and help with the preparation and cooking.
Friday	PE – Workout with 'Joe Wicks' on Youtube.com or watch 'This Morning' on ITV at midday for new exercises.	Maths Mathletics Complete maths questions in home learning pack.		Reading www.oxfordreadingbuddy.com Read an article online or from a newspaper. Think of some questions to be answered by a parent or sibling.	English – writing Write a letter to a relative e.g. grandparent or cousin.	Timetables practice: TTRockstars Write them out and add the division sentences.		Science: Forces and Magnets Build a ramp using lego, books, boxes or recycling and investigate the speed of a toy car. Try to vary the surface and height of the ramp. Think about how to record your results. Write a list of all the things in your home that are magnetic.	