

Supporting home learning for children in the nursery class

Nursery children need opportunity for long periods of open-ended play, movement, quiet-time and creativity.

You can support your child's learning at home by:

- Involving your child with day to day tasks such as cleaning, cooking and tidying-up.
- Sharing books and stories every day (read to them or audiobooks).
- Drawing pictures together and practising name writing.
- Encouraging independence with toileting, hand-washing, dressing and feeding.
- Encouraging lots of movement activities for good physical health and well-being.
- Providing opportunities for fine motor developing such as cutting, play dough, Lego or threading.
- Pointing out the maths in every day life and engaging in practical maths activities – cooking, matching socks, setting the table, playing games (physical or digital).
- Singing nursery rhymes and songs with your child - BBC school radio has a wonderful selection of songs and rhymes - <https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-songs-index/zhwdgwx>
- Encouraging lots of imaginative play.
- Singing the days of the week song (YouTube: Dream English Days of the Week)

The following is **only a suggested** timetable that you could use to establish a daily routine and structure to the day, which is important for young children. The timetable can be adapted to meet your family's needs – it is important you design your own routine together, so that it works for all family members. The most important thing is you find your own approach.

Some of the suggestions and home learning challenge ideas provided, build on children's previous learning and/or tie in with established daily nursery routines. For example, every day we sing the days of the week song with Mr. Matt (You tube Dream English). We also focus on a letter/sound of the week (we are working through the alphabet and are currently on the letter P). We also would have a focus book and/or song or rhyme of the week. Choosing time is when children engage in independent learning activities and play and of course everyone is expected to help at tidy-up time! There are also many wonderful resources to be found online. Twinkl and The Imagination tree have many useful activity ideas for young children.

Have fun and happy learning!

Suggested timetable to support home learning for nursery children

Before 9.00am	Get ready for the day	Get washed and dressed. Make and have breakfast together. Watch Dream English Days of the Week (You tube) - The children know this as Mr. Matt! Discuss daily timetable.
9.00 – 9.30am	Get active! Engage in movement activities	Do PE with Joe (Find on Youtube: The bodycoach TV), Cosmic kids yoga (Youtube) or exercise in the garden (if possible)
9.30 – 10.45am	Independent play and learning activities 'choosing time'	Duplo, Lego, toy animals/cars, drawing, crafts, play house/kitchen, dressing up etc...
10.45– 11.15am	Snack-time	Prepare a snack together, help to tidy-up.
11.15 - 12.00pm	Learning time with an adult	Choose an activity from school pack and/or one of the home learning challenges.
12.00 – 1.00 pm	Lunch time	Help to prepare lunch and clean up afterwards.
1.00 -1.30pm	Tidy-up time	Help with household chores – cleaning surfaces, hoovering, sweeping up, sorting laundry etc.
1.30 – 2.30pm	Rest/relax time	Watch tv, book time and/or free choice tablet time.
2.30 – 3.00pm	Active time! Engage in movement activities	Exercise in the garden, go for a walk (if possible), Cosmic kids yoga (You tube) or put on some music and dance!
3.00 - 3.45pm	Learning time with an adult	Choose an activity from school pack and/or one of the home learning challenge ideas
3.45 – 5.30pm	Independent play and learning activities 'choosing time'	Duplo, Lego, toy animals/cars, drawing, crafts, play house/kitchen, dressing up etc...
5.30 – 6.30pm	Dinner time	Help to prepare and have dinner together. Help with tidying up.
6.30 – 7.00pm	Tidy-up time and/or relax time	Tidy away toys/activities. Watch tv, listen to stories or music
7.00 – 8.00pm	Get ready for bed	Bath/shower, brush teeth, put on pyjamas and enjoy a bedtime story.